

BUTTERFLY

ITC Application Video

Purpose

The video is part of the official application and should give insight into the player's **personality, motivation, goals, and self-reflection**. It is your chance to show who you are beyond your playing statistics. On the next page, you will find some questions that we expect you to touch upon in your video.

Requirements

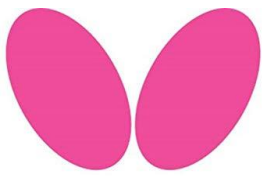
- Minimum length: 5 minutes; Maximum length: 8 minutes
- Language: English (if you only feel comfortable in Danish, please contact Lucas Krenzer).
- Format: simple portrait video (e.g., smartphone)
- No professional production required

Guidelines

- Speak freely, naturally, and honestly
- Keep the video clear and structured but avoid reading a script
- Be authentic and show who you really are
- Entire video must be in English

Do not add or use

- Match footage
- Highlight videos
- Editing



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Suggested questions and inspiration

Introduce yourself

Share your background in table tennis, your club, and any experiences that shaped you as a player. Think about what makes your journey unique.

Motivation and why ITC

What excites you about training in a high-level environment? What *goals* and *dreams* do you have regarding your table tennis career?

What is your rough career plan for the coming three years?

Why do you want to be part of ITC, and how will it help you reach your goals?

Strengths and areas to improve

Think about what sets you apart, and what you want to work on the most.

What is your strength in match and in practice?

Personality and contribution

What qualities do you bring to a group? How do you motivate yourself and others?